

JustHOPE

REFLECTIVE PRAYER RESOURCE FOR LENT 2025

Using the season of Lent to pray with the Jubilee 2025 Pilgrims of Hope Prayer

Father in heaven,
may the faith
you have given us
in your son,
Jesus Christ,
our brother,
and the flame of charity
enkindled in our hearts
by the Holy Spirit,
reawaken in us the blessed hope
for the coming of your Kingdom.



May your grace transform us
into tireless cultivators
of the seeds of the Gospel.
May those seeds transform from within
both humanity and the whole cosmos
in the sure expectation
of a new heaven and a new earth,
when, with the powers of Evil vanquished,
your glory will shine eternally.

May the grace of the Jubilee
reawaken in us, Pilgrims of Hope,
a yearning for the treasures of heaven.
May that same grace spread
the joy and peace of our Redeemer
throughout the earth.
To you our God, eternally blessed,
be glory and praise for ever.
Amen



Also available
to download
as sound
recordings from
missionministry.ie

How to use

1

The Jubilee Pilgrims of Hope prayer is divided into 6 moments of reflection.

We begin by taking time to place ourselves in the presence of God who brings hope into our lives.

2

THE JUBILEE PRAYER

Next we pray using a part of the prayer rather than the whole thing.

This allows us the chance to focus and gives us food for thought and reflection.

3

GUIDED REFLECTION

After we have heard part of the prayer, we take some time to think about what it might mean. What insights does it offer to us for our Lenten journey in this Year of Jubilee as Pilgrims of Hope?

4

ACTION

Each week we allow the prayer and reflection to lead us to some possible action, connected with the theme.

5

PRAYERS OF INTERCESSION

We end by praying some prayers of intercession. We allow space after the intention to make that prayer... then we end with the response:
Lord, fill us with your hope.

Week 6

Welcome to the final moment of our Lenten JustHOPE resource where we are reflecting on the Jubilee Pilgrims of Hope prayer.

We begin by taking a moment to pause and remember that we are in the presence of God who brings hope into our lives.

Let's pray the final part of the prayer...

**To you our God, eternally blessed,
be glory and praise for ever.
Amen.**

This part of the Jubilee Prayer reminds us that God is the source of our hope. Just like Jesus, the crucified and risen one, we place all our hope in God. This is what gave Jesus the strength to face this week of suffering which led him to glory.

Holy Week is in fact the most hope filled week in the Christian calendar. As we journey with Jesus from that moment of betrayal, and accompany him towards his suffering and death on the cross, we know that this is not the end of the story. We know that death leads to resurrection. This is what gave the first Christians hope and why they could say 'we glory in the cross of Jesus.'

We can spend time in this Holy Week just being aware that we are walking with Jesus in his suffering so that we can rejoice with him in his resurrection as we celebrate the Easter Vigil. We can listen for the words of the Easter Proclamation which proclaim 'This is the Night.' Yes this is the night when all humankind was freed from the slavery of death. This is why we sing our alleluia too in joyful hope. We hope that where Jesus has gone we will also go. Hope does not disappoint because hope is a person, Jesus Christ the Lord.

How can I accompany Jesus in this Holy Week of hope, so that I can rejoice with him at Easter?

Where am I seeing signs of the glory of the resurrection in my life and in the life of others?

We pray for all Christians; that we may be a sign of hope for our world.
Lord, fill us with your hope.

We pray for all who are suffering in any way; that they can find hope in the resurrection of Jesus to new life.
Lord, fill us with your hope.

