

JustHOPE

REFLECTIVE PRAYER RESOURCE FOR LENT 2025

Using the season of Lent to pray with the Jubilee 2025 Pilgrims of Hope Prayer

Father in heaven,
may the faith
you have given us
in your son,
Jesus Christ,
our brother,
and the flame of charity
enkindled in our hearts
by the Holy Spirit,
reawaken in us the blessed hope
for the coming of your Kingdom.



May your grace transform us
into tireless cultivators
of the seeds of the Gospel.
May those seeds transform from within
both humanity and the whole cosmos
in the sure expectation
of a new heaven and a new earth,
when, with the powers of Evil vanquished,
your glory will shine eternally.

May the grace of the Jubilee
reawaken in us, Pilgrims of Hope,
a yearning for the treasures of heaven.
May that same grace spread
the joy and peace of our Redeemer
throughout the earth.
To you our God, eternally blessed,
be glory and praise for ever.
Amen



Also available
to download
as sound
recordings from
missionministry.ie

How to use

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INTRODUCTION

The Jubilee Pilgrims of Hope prayer is divided into 6 moments of reflection.

We begin by taking time to place ourselves in the presence of God who brings hope into our lives.

2

THE JUBILEE PRAYER

Next we pray using a part of the prayer rather than the whole thing.

This allows us the chance to focus and gives us food for thought and reflection.

3

GUIDED REFLECTION

After we have heard part of the prayer, we take some time to think about what it might mean. What insights does it offer to us for our Lenten journey in this Year of Jubilee as Pilgrims of Hope?

4

ACTION

Each week we allow the prayer and reflection to lead us to some possible action, connected with the theme.

5

PRAYERS OF INTERCESSION

We end by praying some prayers of intercession. We allow space after the intention to make that prayer... then we end with the response:
Lord, fill us with your hope.

Week 4

Welcome to the fourth moment of our Lenten JustHOPE resource where we are reflecting on the Jubilee Pilgrims of Hope prayer.

We begin by taking a moment to pause and remember that we are in the presence of God who brings hope into our lives.

Let's pray the fourth part of the prayer...

**May the grace of the Jubilee
reawaken in us, Pilgrims of Hope,
a yearning for the treasures of heaven.**

This part of the Jubilee Prayer invites us to reawaken our yearning for the treasure that being in right relationship with the Lord brings.

It may be a good time to stop and think of our own lives. What have you been yearning for lately? A person, a job, material things, true happiness?

Today's section of the prayer directs us to yearning the treasures of heaven: the only true treasures that will satisfy us. This reminds us of Saint Augustine and his famous phrase: "Lord, you have made us for yourself, and our hearts are restless until they find rest in you."

"Where your treasure is, there also will your heart be", said the Lord. Where is your heart at this time? How are you searching for the treasures of heaven?

Can I take some time this week to declutter, reorder my priorities and redirect my life towards God? Where might I begin?

What action, however small, might I be inspired to do this week to help someone who is searching for the happiness we find in God?

We pray for those who witness God's love in the world, that their service inspires us to seek the Lord and help others to come closer to him.

Lord, fill us with your hope.

We pray for the Church in this Jubilee year, that we may grow ever closer to God as Pilgrims of Hope.

Lord, fill us with your hope.

